

LUNCHTIME

Allergy Free Traditional Menu Spring/Summer 2026

**ALLERGY FREE
PRIMARY
TRADITIONAL**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tomato and Basil
Chicken with Rice
and
Vegetable Sticks

Chilli Con carne with
Rice and
Green Beans

Roast Chicken,
Skin on Roasties,
Gravy with Carrots
and Peas

Cottage Pie
with
Mixed Greens

Southern Fried
Chicken Fillet with
Chips, Baked Beans
and Peas

Sweet Potato Coconut
Bean Stew with Rice
and Vegetable Sticks

Veggie Bean Chilli
with Rice and
Green Beans

Roast Vegetable Hot Pot,
Skin on Roasties, Gravy,
Carrots and Peas

Shepherdless Pie
with
Mixed Greens

Veggie Bean Patty
with Chips,
Baked Beans and Peas

Crispy Skin Jacket Potato
with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans

Chocolate
Orange Cookie

Strawberry Jelly

Peach Muffin

Chocolate
Shortbread

Banana Bread



TOPPED SPAGHETTI
WITH HOMEMADE
TOMATO SAUCE

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MONDAY

Loaded Cajun Beef &
Corn Potato Wedges
and Vegetable Sticks

TUESDAY

Mexican Chicken
with Paprika Rice
and Mixed Salad

WEDNESDAY

Roast Gammon,
Skin on Roasties, Gravy
with Carrots
and Cabbage

THURSDAY

Beef Spaghetti
Bolognese
with
Mixed Salad

FRIDAY

Southern Fried
Chicken Fillet with
Chips, Peas
and Baked Beans



Green Veg & Butter
Bean Stew
with Wedges
and Vegetable Sticks

Mexican Veggie Stew
with Paprika Rice
and Mixed Salad

Tomato & Bean
Layer Bake, Skin on
Roasties, Gravy, Carrots
and Cabbage

Veggie Spaghetti
Bolognese
with
Mixed Salad

Veggie Bean Patty
with Chips, Peas
and Baked Beans



Crispy Skin Jacket Potato
with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans



Lemon Cookie

Orange Jelly

Apple Muffins

Peach
Crumble

Brownie



TOPPED SPAGHETTI
WITH HOMEMADE
TOMATO SAUCE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Loaded Cajun Beef & Corn Potato Wedges with Vegetable Sticks	Chicken and Veg Masala Curry with Rice and Green Beans	Roast Pork, Skin on Roasties with Gravy, Carrots and Green Beans	Minced Beef & Onion Stew with Mash and Mixed Greens	Southern Fried Chicken Fillet with Chips, Peas and Baked Beans
Sweet Potato Wedges with Sweet Chilli Roasted Veggies and Vegetable Sticks	Sweet Potato & Chickpea Balti with Rice and Green Beans	Roast Vegetable Hot Pot, Skin on Roasties, Gravy, Carrots and Green Beans	Root Vegetable and Bean Stew with Mash and Mixed Greens	Veggie Bean Patty with Chips, Peas and Baked Beans
Crispy Skin Jacket Potato with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans				
Shortbread	Raspberry Jelly	Pear Spiced Muffin	Fruit Salad	Coco Cookies

