Dishes and their allergen content

Week 4

Dishes						Lupin Flour	Milk		MUSTARD			HAAW O.		Gase Wine
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork loin steak														
Vegetable burger		√												
Belgian waffle and fruit		√		✓			✓						√	
Yoghurt							√							
Fruit														
GF/DF:Pork loin steak														
GF/DF:Cho colate pot													√	
Vegan:Vege table burger		√												
Vegan:Choc olate pot													√	
Jacket and cheese							✓							

Pasta salad		✓								
Vegetables										
Cheese for jackets					√					
Fruit for waffles										
Bread		√								
Packed lunches		√	√		√	√		√		
Cold meal boxes	√	√	√		√	✓		1	√	

Dishes						Lupin Flour	Milk		MUSTARD			UAM		Baer WNE
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cowboy beef taco														
Cowboy veg taco														
Chocolate cake		√		√			√						>	

Yoghurt					√				
Fruit									
GF/DF:Cow boy beef taco									
GF/DF:Cho colate cake									
Vegan:Cow boy veg taco									
Vegan:Choc olate cake									
Jacket and beans									
Rice									
Salad	√								
Vegetables									
Beans for jackets									
Tacos									
Bread		√							
Packed lunches		1	√		√	√		√	

boxes	Cold meal boxes	✓	
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Dishes						Jupin Flour	Milk		MUSTARD			WALKEN TO SERVICE THE SERVICE		Boer WNE
Wednesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast pork														
Quorn sausage		√												
Citrus drizzle cake		√		✓			√						√	✓
Yoghurt							√							
Fruit														
GF/DF:Roa st pork														
GF/DF:Spo nge cake														
Vegan:Quor n sausage		✓												
Vegan:Spon ge cake														
Jacket cheese							√							

Roast potatoes										
Vegetables										
Cheese for jackets					√					
Yorkshire		✓	✓		✓					
Gravy										
Gluten free/Vegan Yorkshire									✓	
Bread		✓								
Packed lunches		√	√		√	√		✓		
Cold meal boxes	✓	√	✓		√	✓		√	✓	

Dishes						upin Flour	Milk		MUSTARD			MAAM		Gast WNE
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken mozzarella pasta		√					√							

Macaroni cheese		√			√	✓			
Apple and berry muffin		✓	>		>			✓	
Yoghurt					✓				
Fruit									
GF/DF:Chic ken tomato pasta									
GF/DF:App le sponge									
Vegan:Tom ato lentil pasta		√							
Vegan:Appl e sponge									
Jacket and cheese					√				
Garlic bread		✓			✓			✓	
Salad	√								
Vegetables									
Bread		√							

Packed lunches		✓	✓		✓	✓		✓		
Cold meal boxes	✓	\	~		√	✓		<	>	

Dishes						Lupin Flour	Milk		MUSTARD			WEAM OF THE PROPERTY OF THE PR		WNE Beer
Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hot dogs	√	✓					✓		✓			<	\	
Cheese and tomato pizza		√					√							
Ice cream and fruit							√							
Yoghurt							✓							
Fruit														
GF/DF:Hot dogs				√ (in roll)										
Gf/DF:Ice lolly														
Vegan:Veg hot dogs		√										✓		
Vegan:Ice lolly														

Jacket and beans										
Chips										
Salad	√									
Beans										
Ketchup	✓									
Bread		√								
Packed lunches		√	√		√	✓		√		
Cold meal boxes	√	✓	√		✓	✓		√	√	

Review date: 08.12.2025 Reviewed by: J Honess

