Dishes and their allergen content

Week 4

Dishes						upin Flour	Milk		MUSTARD			MAMM		Geor WNE
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Butcher's sausage in a roll		✓										√	✓	√
Vegan sausage in a roll		√										√		
Belgian waffle and fruit		√		✓			✓						✓	√
Yoghurt							✓							
Fruit														
GF/DF:Saus age in a roll				√										✓
GF/DF:Cho colate pot													~	
Vegan:Quor n sausage in a roll		√										√		
Vegan:Choc olate pot													√	
Jacket and cheese							✓							

Potatoes									
Salad	√								
Vegetables									
Cheese for jackets					√				
Roll for sausages		✓						✓	
Gluten free roll			√						
Bread		√							
Packed lunches		√			√			√	

Dishes						.upin Flour	Milk		MUSTARD			SSAM		Bac WNE
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef bolognese and cheese		√					>							
Veggie bolognese and cheese		✓					✓							

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Arctic roll and fruit compote		✓	✓		✓			✓	✓
Yoghurt					✓				
Fruit									
GF/DF:Bolo gnese pasta									
GF/DF:Fruit cookie									✓
Vegan:Vegg ie bolognese pasta		✓							
Vegan:Fruit cookie									✓
Jacket and beans									
Pasta		✓							
Salad	√								
Vegetables									
Beans for jackets									
Cheese for bolognese					✓				
Fruit compote for dessert									√

Bread	✓							
Packed lunches	\			√			<	

Dishes						Lupin Flour	Milk		MUSTARD			ULLAM O.		WNE
Wednesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken roast dinner														
Quorn roast dinner				√			√							
Apple and berry muffin		√		√			√						✓	
Yoghurt							√							
Fruit														
GF/DF:Chic ken roast dinner														
GF/DF:Iced apple cake														
Vegan:Saus age roast dinner		✓												

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Vegan:Iced apple cake													
Jacket tuna mayo sweetcorn				✓	>				√				
Roast potatoes													
Vegetables													
Tuna mayo for jackets				✓	√				✓				
Yorkshire		✓		✓			✓						
Gravy													
Gluten free Yorkshire				√								√	
Bread		\											
Packed lunches		✓					✓				✓		

Dishes						Lupin Flour	Milk		MUSTARD			HAMM		Geor WNE
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

	√			√			✓	✓
	✓			✓				
				✓				
				✓				
								√
	√							√
	✓							
				✓				
	√			√			✓	
√								

Ice cream for pudding				✓				
Bread	<							
Packed lunches	√			√			✓	

Dishes						Lupin Flour	Milk		MUSTARD					WAE
Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fishcake in a bun		✓			✓							✓		
Salmon fishcake in a bun		✓			✓							√		
Cheese and tomato pizza		√					√							
Ice cream and fruit							√							
Yoghurt							✓							
Fruit														
GF/DF:Che ese and tomato pizza									√					

Gf/DF:Ice lolly									
Vegan:Chee se and tomato pizza						✓			
Vegan:Ice lolly									
Jacket and beans									
Chips									
Salad	✓								
Beans									
Ketchup	√								
Fruit for ice cream									
Bun for fishcakes		√						√	
Bread		√							
Packed lunches		√			✓			✓	

Review date: 19.06.2025 Reviewed by: J Honess

